



Collaborating Agencies' Disaster Relief Effort  
 2731 North First Street, San Jose, CA 95134  
 Office admin phone: 408-577-2175  
 Email: [admin@cadresv.org](mailto:admin@cadresv.org)  
 CADRE Duty Officer: [CADREeoc@gmail.com](mailto:CADREeoc@gmail.com)  
 CADRE Duty Officer (available 24/7): 408-622-0822  
[www.cadresv.org](http://www.cadresv.org)

*Compiled by Emotional/Spiritual Care Team*

Organization	Contact	Services
<b>County Suicide &amp; Crisis Hotline</b>	855-278-4204	Trained volunteer counselors available 24/7 Free and confidential Phone intervention and emotional support, to help individuals who are experiencing: <ul style="list-style-type: none"> <li>•different forms of crisis</li> <li>•emotional or situational distress</li> <li>•a need for ongoing support</li> <li>•varying degrees of mental illness</li> <li>•a need for general information or referrals</li> </ul>
<b>Suicide &amp; Crisis TEXT line</b>	Text BAY to 741741 Text RENEW to 741741	Trained volunteer counselors available by text message 24/7 Free and confidential Service available in English only
<b>Crisis for other Languages</b>	800-704-0900 TTY: 800-855-7100 or 711	
<b>Uplift Mobile Crisis Unit - Crisis Support Children &amp; Youth</b>	408-379-9085	Call when a child or teen is in immediate crisis, including facing possible hospitalization. Uplift can help with a range of services to provide swift care and safety. They provide an immediate response and deliver crisis intervention services.
<b>Grief Support</b>	408-243-0222 Center for Living with Dying	
<b>Mental Health Urgent Care Walk-in Clinic</b>	408-885-7855 Open every day from 8 am to 10 pm *Temporarily relocated to the Central Wellness and Benefits Center Building at 2221 Enborg Lane, San Jose, CA 95128	Walk-in and scheduled appointments outpatient clinic for Santa Clara County residents who are experiencing behavioral health crisis and need help. The clinic provides screening, assessment, crisis intervention, referral and short-term treatment to adolescents and adults experiencing a behavioral health crisis and need immediate help, regardless of insurance or immigration status.
<b>Mobile Crisis Response Team (MCRT)</b>	1-800-704-0900; press 2 Monday-Friday 8 am to 8 pm	Speak with a clinician to who can screen and assess mental health or suicide crisis situations over the phone and intervene wherever the crisis is occurring. MCRT services in the community include the following: <ul style="list-style-type: none"> <li>•crisis screening</li> <li>•intervention</li> <li>•de-escalation</li> <li>•connect or refer people to community resources</li> </ul>



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<b>Mental Health Services</b>	800-704-0900 24/7	The Behavioral Health Services Call Center is the entry point for access to all Santa Clara County behavioral health services. •screens for behavioral health needs •directs callers to programs and services that are suitable for meeting their needs •authorizes Fee-for-Services Medi-Cal visits
<b>Substance Abuse - Adult</b>	800-488-9919	Access detoxification and residential treatment services and a community outpatient program. •Information and referral services •Pre-screenings for assessment appointments
<b>Substance Abuse - Youth</b>	408-272-6518 M-F 9:00 a.m. to 6:00 p.m. or 800-488-9919 After hours	•Information and referral services •Pre-screenings for assessment appointments
<b>Contact CARES</b>	408-850-6125 24/7	Offers confidential help lines for individuals of all ages. Trained volunteers provide supportive listening, counseling, crisis intervention, and referrals to callers. INCLUDES -Hotline for youth ages 7-24, providing supportive listening, crisis intervention, information and referrals. Youth may call anytime for any reason. -Contact line for anyone experiencing depression, anxiety, grief, loneliness, parental stress, or general hard times.
<b>Statewide Youth Crisis Line</b>	800-843-5200 or Chat at <a href="https://calyouth.org">https://calyouth.org</a> 24/7	Ages 12-24 and families in crisis <i>Professionally trained staff and volunteer counselors provide crisis intervention counseling and resource referrals to service providers in the caller's local community. It has access to more than 5,500 free or low-cost resources for youth and families across California</i>
<b>National Alliance on Mental Illness Santa Clara County</b>	Warmline/Help Desk 408-453-0400 Option 1	<a href="https://namisantaclara.org/grief-support-resources/">https://namisantaclara.org/grief-support-resources/</a>
<b>Domestic Violence</b>	AACI - Asian Americans for Community Involvement San Jose 24-hour hotline: (408) 975-2739	
<b>Domestic Violence</b>	Community Solutions Morgan Hill 24-hour hotline: (877) 363-7238	



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<b>Domestic Violence</b>	Maitri San Jose Helpline: (888) 862-4874	
<b>Domestic Violence</b>	Next Door Solutions San Jose 24-hour hotline: (408) 279-2962	
<b>Domestic Violence</b>	YWCA San Jose 24-hour hotline: (800) 572-2782	
<b>Domestic Violence</b>	Womensv.org 833-WOMENSV/833-966-3678 HELPLINE: Ext 0 MAIN LINE: Ext 701 EMAIL: <a href="mailto:info@womensv.org">info@womensv.org</a>	
<b>Domestic Violence</b>	<a href="#">SafeChat Silicon Valley</a> (Live Online Chat) Open 7 days/week Languages: English & Spanish	
<b>Domestic Violence</b>	<b>For free and confidential support</b> National Domestic Violence Hotline by calling 1-800-799-SAFE (7233).  Chat is available every day from 24/7/365.  <a href="#">El chat</a> en español está disponible de 12 p.m. a 6 p.m. Hora Central.	If it's not safe for you to call, or if you don't feel comfortable calling, another option for getting direct help is to use the <a href="#">live chat service</a> . You'll receive the same one-on-one, real-time, confidential support as you would on the phone.
<b>Domestic Violence</b>	Individuals who are Deaf or hard of hearing may use TTY 1-800-787-3224 or call by video phone at 1-855-812-1001 or <a href="#">email</a> .	